



SAFARI VITALITY RETREAT (6 NIGHTS)

An immersive journey to connect with your soul, activate your spiritual connection, and unlock your next level of creation through the African energy in nature.

- ▶ You were born a **magnificent expression** of **pure energy**; you are meant to **shine** as your **best**, live life to the full, enjoy great experiences, and know **love, joy** and **fulfilment!**
- ▶ Shifting to living on the path of 'who you really are' changes **EVERYTHING** allowing you to be able to manifest your best life, cope with challenges confidently, and feel good about **YOU** first and foremost, so that you live well and have more joy than you ever thought possible.
- ▶ From your profound new knowledge and understanding, along with the deep shifts you make, you'll **regain** your power to naturally feel good enough, worthy, deserving, loving, lovable, supported by the universe and free; able to **trust your talents** and **abilities**, create wholesome **relationships** - with yourself, others and with your own life - and create all that you want to **be, feel, do, and have.**

A JOURNEY OF CHANGE

- ▶ Combining mindfulness with nature and creativity amplifies each of their benefits.
- ▶ These activities nurture the core of our wellbeing, helping us create a beautiful life, and transforming our world in simple ways.

K E R R Y D E L L

A NATURE RETREAT WITHOUT DISTRACTION:

TAKE TIME FOR SELF -EXPLORATION

- ▶ Our wilderness retreat offers you the opportunity to relax, enjoy the peace and tranquillity of the surroundings whilst investing in your own personal

DEVELOPMENT

- ▶ Nature can provoke questions, give new insights or even trigger real change. Find out for yourself what nature has to offer for yourself - discovery!

We offer a retreat where you will be given the tools to cultivate a new approach to wellbeing.

- ▶ This immersive and deeply nurturing retreat will transform your wellness forever.
- ▶ We will nurture and guide you through the self-development programme and provide you with the space to connect with yourself and others.
- ▶ You will be introduced to the cornerstones of wellness and be given tools to cultivate balance, fulfilment, healing and purpose in all aspects of your life.

K E R R Y D E L L

Allow yourself to rest and reconnect with Nature, yourself and others.

- ▶ The retreat will be **gently guided, supported** and **held**, offering you an invitation to intuitively explore the landscape, both **within** and **without**.
- ▶ An **in person 6-night immersion** to connect to your **soul path**, your **truth** and activate your **spiritual connection** as you tap into the energy of land, of your spirit and your next level creation.

EVENT DETAILS:



DATE:
2nd to 8th
April 2024



WHERE:
RHINO RIVER LODGE, SOUTH AFRICA

>>BOOK A CALL!<<

BOOK A CALL WITH KERRY TO DISCUSS YOUR
OPTIONS AND RESERVE YOUR PLACE

>>REGISTER HERE!<<

SECURE YOUR SPOT AND EXPERIENCE
THE ULTIMATE RETREAT FOR YOU!

KERRY DELL

Breakdown of the 6 days:

DAY #1: LEARN ABOUT THE RADIANCE FREQUENCY ROADMAP + DAILY GAME DRIVE

MINDFULNESS HELPS US TO TAKE A BREATH AND MAKE MORE CONSIDERED DECISIONS THAT IMPROVE OUR LIVES. IT CREATES A SPACE TO LIVE A LIFE BASED ON CHOICES MADE FROM THE HEART THAT LINE UP WITH OUR CORE VALUES. STEP OUT OF AUTOPILOT AND BRING AWARENESS TO WHAT YOU ARE DOING, THINKING AND SENSING.

DAY #2: EXPERIENCE THE RADIANCE FREQUENCY ROADMAP+ DAILY GAME DRIVE

YOUR BODY IS ALIVE WITH SENSATIONS. BECOME FAMILIAR WITH THEM. YOU WILL LEARN TECHNIQUES TO EXPERIENCE YOUR OWN BODY SCAN TO USE AT HOME AFTER THE RETREAT.

DAY #3 NATURAL THERAPIST + DAILY GAME DRIVE

USING YOUR SENSES, YOU WILL EXPERIENCE BEING DRAWN INTO NATURE'S THERAPY, WHERE YOU CAN FIND YOUR PEACE AND GROW YOUR HEALTH. YOU WILL DEVELOP A DEEPER AWARENESS & PRESENCE WITHIN ALL YOUR SENSES.



KERRY DELL

Breakdown of the 6 days: (Cont.)

DAY #4 LEARN THE BELIEF FREQUENCY ROADMAP + DAILY GAME DRIVE

IDENTIFY WHO YOU REALLY ARE. YOU WILL LEARN AN AUTHENTIC WAY TO LIVE YOUR LIFE AND GAIN PERSPECTIVE ON THE VALUE OF YOUR LIFE AND BECOMING THE BEST VERSION OF YOURSELF.

DAY #5 EXPERIENCE THE BELIEF FREQUENCY ROADMAP + DAILY GAME DRIVE

EXPERIENCE DEEP ACCEPTANCE AND GRATITUDE FOR YOURSELF. THIS IS A TIME OF DEEP HEALING, AWARENESS, FORGIVENESS AND TRUTH. BECOME YOUR MOST POWERFUL ALLY. BECOME CONNECTED TO SOMETHING LARGER THAN YOURSELF.

DAY #6 TECHNIQUES AND TOOLS TO LIVE YOUR BEST LIFE + DAILY GAME DRIVE

EXPERIENCE AND PLAN HOW TO ACTION TECHNIQUES AND TOOLS THAT ENHANCE YOUR LIFE AND PREPARE YOU TO IMPLEMENT INTO YOUR DAILY ROUTINES.

INVESTMENT:

NZ \$11,111

LIMITED SPACES - 50% DEPOSIT
SECURES YOUR SPOT



WHAT IT INCLUDES?

- Accommodation / All Meals / Transfer from Durban Airport (King Shaka International airport) to Lodge
- Up Close and Personal with wild Elephants, DAILY game drives & other WILDLIFE experiences

>> **BOOK A CALL!** <<

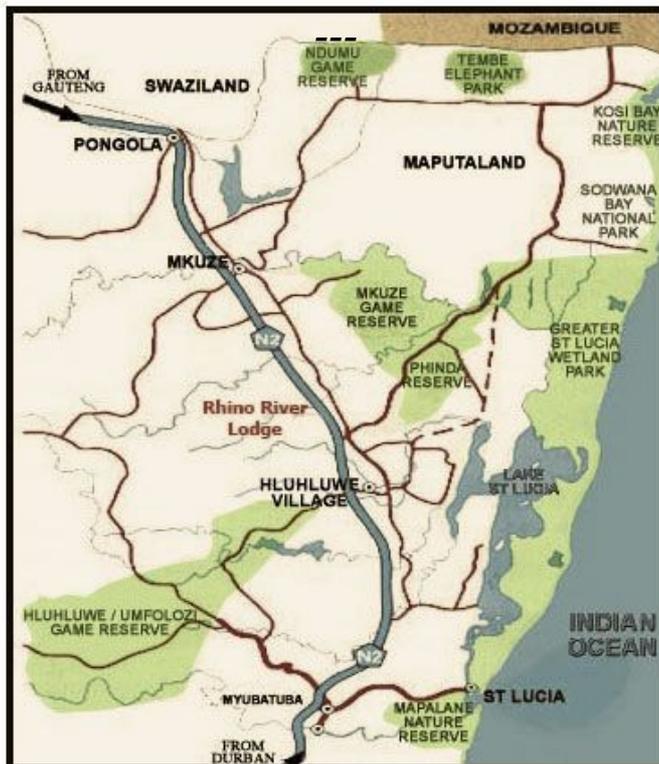
BOOK A CALL WITH KERRY TO DISCUSS YOUR
OPTIONS AND RESERVE YOUR PLACE

>> **REGISTER HERE!** <<

SECURE YOUR SPOT AND EXPERIENCE
THE ULTIMATE RETREAT FOR YOU!

ACCOMMODATION

"Rhino River Lodge"



Rhino River Lodge Map

Deluxe Rooms

~ Minimum 1 adult | Maximum 2 adults, with 1 child (under 12yrs) on pull-out ottoman bed ~



The most traditional style of accommodation is our four en-suite Deluxe Rooms. The rooms are decorated in a modern rustic style with newly renovated bathrooms. Each room has either one king-sized bed or two single beds covered by a large mosquito net, with an indoor sitting area and private veranda.



Family Loft Chalets

~ Minimum 2 adults | Maximum 4 people ~



For small families wanting to share accommodation or groups of friends keen on a little extra space, our two Family Chalets can accommodate four people each. Each log-cabin-style chalet has two double bedrooms (one is a second story loft-style room, the other on the ground floor), a shared bathroom with bathtub & shower, and an open-plan living area. This chalet is closest to the main lounge, dining and pool areas of the lodge.

